

First Link™ Family Learning Series...2012

Education to assist family care providers

Module 1.....Next Steps

For families of persons in early stage, includes dementia overview, brain changes, coping strategies and treatments.

Offered Wednesdays:

January 11, 18, 25, 9:30 – 11:30 am
 March 14, 21, 28, 5:30 – 7:00 pm
 May 9, 16, 23, 9:30 -11:30 am
 July 4, 11, 18, 9:30 – 11:30 am
 September 12, 19, 26, 5:30 – 7:00 pm
 October 31, November 7, 14, 9:30 – 11:30 am

Module 2.....Care Essentials

For families of people in middle stage, includes progression of dementia, communication, day to day care and understanding behaviors.

Offered Wednesdays:

February 1, 8, 15, 22, 9:30 – 11:30 am
 April 4, 11, 18, 25, 5:30 – 7:00 pm
 June 6, 13, 20, 27, 9:30 – 11:30 am
 August 8, 15, 22, 29 9:30 – 11:30 am
 October 3, 10, 17, 24, 5:30 – 7:00 pm
 November 21, 28, December 5, 12, 9:30 – 11:30 am

Module 3.....Options For Care

For families of people considering long-term care options, other care options, placement process, and transition issues.

Offered, Wednesday

April 18, 5:30 – 7:00 pm
 September 26, 9:30 – 11:30 am

Module 4.....Care in Late Stage

Providing care that promotes dignity and comfort at end of life, and dealing with grief and loss.

Offered, Wednesday

May 2, 5:30 – 7:00 pm
 Nov. 7, 9:30 – 11:30 am

Pre-registration for all sessions is required.

**To Register...Phone.....
 519 742 1422**

Legal Issues and Dementia Care

Providing information on powers of attorney, capacity, wills and driving.

Offered, Wednesday

March 7, 7:00 pm
 November 14, 7:00 pm